July 31, 2025 Emergency Board Meeting Report on Medicaid for Fiscal Year 2025

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32 V.S.A. § 305a(c) requires a year-end report on Medicaid and Medicaid-related expenditures and caseload. Each January, the Emergency Board is required to adopt specific caseload and expenditure estimates for Medicaid and Medicaid-related programs. Action is not required at the July meeting of the Emergency Board unless the Board determines a new forecast is needed in July. The data in this report reflects the most current fiscal year 2025 information. The comparison of fiscal year 2025 actuals to budgeted amounts reflects the changes made through the budget processes. Though unlikely, there may be further adjustments to actual year-end amounts as the close-out for the fiscal year is finalized. If necessary, changes will be included in a subsequent report.

Executive Summary

Legislative and Executive Branch staff have a long history of working together closely to interpret both short- and long-term trends on caseloads, expenditures, and revenues. The bullet points below provide a summary for fiscal year 2025 regarding Vermont's Medicaid, Global Commitment Waiver (GC), Children's Health Insurance Program (CHIP), and other related programs. This report also highlights a few issues to be aware of for the future. Detailed multi-year charts for overall program expenditures, enrollment, and year-end positions are included at the end.

- **Expenditures:** Overall fiscal year 2025 Medicaid and Medicaid-related estimated expenditures totaled \$2.45 billion (Exhibit 1), \$890,685 (0.04%) more than the budgeted amount (as adjusted by the Big Bill). This represents a 5.4% increase in spending over fiscal year 2024.
 - GC Waiver spending came in just under the adjusted targets (-0.2%), but there were higher fluctuations within each category. For example, GC Program spending and GC Investments came in \$3.9 and \$2.98 million above adjusted targets respectively, while Vermont Premium Assistance and Choices for Care came in \$1.36 and \$4.4 million below.
 - Overall program administration ran around 7%, which is consistent with fiscal years 2022, 2023, and 2024.
 - State-only funded Pharmacy costs came in \$5.8 million above what was budgeted because of a one-time refund of State-only rebates dating back to 2014.
 - CHIP ran \$2.9 million above expectations.
- AHS GC General Fund Position: The unexpended General Fund in the Agency of Human Services (AHS) GC line being carried forward into fiscal year 2026 is \$12.6 million, representing 1.8% of the GC General Fund budget. \$1.7 million will be used

as match for encumbered GC purchase orders within Agency departments, \$3.6 million will be for Choices for Care carryforward (\$9.6 million GC), \$1.9 million will be for the June 2025 Buy-In payment made in July (\$4.6 million GC), \$927,042 will be used as match for the Independent Care Workers bonuses (AFSCME CBA) paid out in July (\$2.3 million GC), and \$209,904 to offset fiscal year 2026 budget adjustment pressures. AHS has submitted a carryforward plan to the Agency of Administration (AoA) for the remaining funds.

• Caseload: Vermonters are eligible for coverage through Medicaid programs in a variety of ways – subject to income limits. Most Medicaid beneficiaries receive full or primary health care coverage through the program while other beneficiaries, whose primary coverage is from other sources such as Medicare or commercial plans, are eligible for supplemental coverage.

Fiscal year 2025 caseloads for all eligibility groups tracked very close to projections. Overall enrollment continued a post-pandemic trend of decreases in almost every eligibility group, save for CHIP enrollees and Aged Blind Disabled (ABD) adults. CHIP is a small category, but it is notable that enrollment increased by 18%. The increase in ABD adults was more modest (4%). Enrollment in Medicaid as a primary source of coverage decreased by roughly 12,000 beneficiaries (-8%) compared to fiscal year 2024, the majority of which were in the adult categories.

• **Health Care Revenues:** Health care revenues – which include cigarette and tobacco taxes, the health care claims tax, the employer assessment, and provider taxes – were previously deposited into a special fund. In 2019 these were redirected into the General Fund. As such they are now part of the General Fund forecast.

Provider taxes are currently paid by hospitals, nursing homes, pharmacies, and ambulance services. Hospital provider tax projections, which account for the majority of provider taxes, always have some level of volatility. The forecast is based on what hospitals will be billed by AHS, which is based on the Green Mountain Care Board's (GMCB) budgeted estimates. These are later reconciled based on actuals for the first three quarters, which may differ significantly from what was budgeted. Additionally, projections do not take into consideration hospitals that are in arrears. Provider taxes in general came in 1.5% above forecast, mostly driven by hospital provider taxes which came in \$3 million above projections. Overall, these revenues increased by 7% from fiscal year 2024. Most of the increase was from the hospital provider tax since it is the largest source of revenue among these sources.

The employer assessment came in approximately \$1.1 million (3.7%) higher than projected. The annual assessment increase is indexed to the rate increase of the second-lowest cost Silver Plan, whether offered inside or outside the Vermont Health Benefit Exchange. Looking forward, fiscal year 2026 employer assessment revenues will depend on both GMCB's final rate decision and continually evolving workforce environments, since employers pay an assessment based on the number of full-time equivalents (FTEs) they employ who lack health coverage or are covered by

Medicaid. BlueCross BlueShield of Vermont has requested an average annual rate increase of 23.3% for its individual market plans while MVP Health submitted a request for an average rate increase of 6.2% for its individual market plans.

The claims assessment came in on target and cigarette and tobacco taxes ended very close to expectations (1.4% above target). Clarification regarding the taxation of nicotine pouches added some revenue and slightly cushioned long-term decline in tobacco-related revenue sources. Nonetheless, cigarette and tobacco taxes still closed the year 3.6% below fiscal year 2024 levels.

• **FMAP:** The Federal Medical Assistance Percentage (FMAP) reflects the share of costs the federal government will pay for eligible Medicaid expenses. The rate for each state is based on a three-year average of state per capita income levels in comparison to the overall national level. No state's rate can be lower than 50%. The income data used for this calculation lags the present by several years and is often countercyclical.

Vermont's base FMAP for fiscal year 2024 was 57.83% federal share and 42.17% State share. A change of 1% in the base rate can impact the General Fund budget by as much as \$19 million. There are instances where the FMAP is higher or enhanced due to federal action, such as the 90% federal share for Childless New Adults under the Affordable Care Act (ACA), 70.48% federal share for CHIP, and State-specific agreements with the Center for Medicare and Medicaid Services (CMS) for certain types of administrative expenditures.

Looking Ahead

- Federal Reconciliation and Federal Funding: The Federal Reconciliation Bill was signed into law on July 4, 2025. The bill contains a number of provisions that could impact Vermont's Medicaid program in three primary ways: 1) loss of health insurance coverage; 2) loss of federal investment in Vermont's health care system, and 3) increase in administrative burden for Medicaid beneficiaries, providers, and State employees. Executive and Legislative branch staff are working to better understand both the immediate and long-term implications for Vermonters.
- **FMAP:** FMAP rates increase some years and decrease in others. Fortunately, Vermont's base FMAP for fiscal year 2026 will increase for the third year in a row (+0.82%). However, preliminary estimates from Federal Funds Information for States (FFIS) indicate the federal fiscal year 2027 FMAP could decrease by .81%, which would put pressure on the General Fund in fiscal years 2027 and 2028. The enhanced FMAP states received as part of the COVID-19 federal relief ended in December 2023.
- **Health Care Revenues:** While the federal reconciliation bill is not expected to impact hospital provider tax revenues in fiscal years 2026 or 2027, states will begin to feel the impacts in fiscal 2028 when the provider tax will be reduced from 6% to

5.5% and an additional 0.5% per year through 2032, when it reaches the 3.5% threshold. The new federal law will not impact Vermont's other provider taxes. The ambulance provider tax is already below 3.5% (3.3%) and the nursing home provider tax was exempt from the bill. That said, hospital provider taxes make up the lion's share of provider tax revenues to the State. Executive and Legislative branch staff will continue to work to refine the estimated fiscal impacts of these changes.

Regarding cigarette and tobacco taxes, the State economists expect a rapid growth in nicotine pouch consumption as the industry invests billions of dollars in ramping up manufacturing and marketing of the newest products. However, revenue effects may be muted as these products supplant other tobacco products, especially e-cigarettes. It should also be noted that these produces are not as aggressively taxed as cigarettes. Nonetheless, the economists predict that over the five-year forecast period, nicotine pouch revenues will continue to soften the long-term decline in overall tobaccorelated tax revenues, adding between \$1 to \$3 million per year relative to prior projections.

• **Pharmacy:** AHS is in the early process of re-procurement of Pharmacy Benefit Management (PBM) services.

Exhibit 1

Average Medicaid Caseload

| (Based on Monthly Enrollment and Staff Group projections) | | | | | | FY26 Bud. Est |
|---|----------------------------|---------|---------|-------------|------------|---------------|
| | actual | actual | actual | Ebrd Jan'25 | actual | Ebrd Jan'25 |
| | FY22 | FY23 | FY24 | FY25 | FY25 | FY26 |
| Full/Primary Coverage (note1) | Redeterminations suspended | | | | | |
| Adult | during pandemic emergency | | | | | |
| Aged, Blind, or Disabled (ABD) Adults | 6,108 | 6,401 | 7,116 | 7,529 | 7,402 | 7,577 |
| General Adults | 16,837 | 18,626 | 14,100 | 11,098 | 12,351 | 11,098 |
| New Adult Childless | 47,797 | 50,596 | 41,426 | 36,205 | 35,417 | 34,166 |
| New Adult w/Children | 24,540 | 25,925 | 24,217 | 22,298 | 21,348 | 20,198 |
| Adult subtotal | 95,282 | 101,548 | 86,859 | 77,130 | 76,519 | 73,039 |
| Children | 13.4% | 6.6% | -14.5% | | -11.9% | |
| Blind or Disabled (BD) Kids | 1,542 | 1,619 | 1,930 | 1,907 | 1,928 | 1,882 |
| General Kids (note 2) | 61,895 | 62,070 | 57,734 | 54,751 | 55,192 | 51,612 |
| CHIP (Uninsured) Kids | 4,687 | 4,635 | 4,462 | 4,631 | 5,279 | 4,660 |
| Child subtotal | 68,124 | 68,324 | 64,126 | 61,289 | 62,399 | 58,154 |
| | 2.2% | 0.3% | -6.1% | | -2.7% | |
| Subtotal -Full/Primary | 163,406 | 169,872 | 150,985 | 138,419 | 138,918 | 131,193 |
| Partial/Supplemental Coverage | 8.5% | 4% | -11.1% | | -8.7% | |
| ABD Dual Eligibles (Including Choices for Care) | 22,830 | 23,263 | 22,939 | 21,559 | 21,991 | 20,557 |
| Rx -Pharmacy Only Programs | 9,586 | 9,096 | 9,192 | 9,263 | 9,207 | 9,380 |
| VPA-Vermont Premium Assistance (note 3) | 12,471 | 10,842 | 13,272 | 15,440 | 12,999 | 16,390 |
| CSR-Cost Sharing Reduction (subset of VPA) | 3,041 | 3,106 | 3,074 | 3,010 | 2,175 | 823 |
| Underinsured Kids (ESI upto 312% FPL) | 618 | 664 | 517 | See note 2 | See note 2 | See note 3 |
| Subtotal -Partial/Supplemental Coverage | 45,505 | 43,865 | 45,920 | 46,262 | 44,196 | 46,327 |
| | -5.6% | -3.6% | 4.7% | | -3.8% | |
| Total Medicaid Enrollment | 208,911 | 213,737 | 196,905 | 184,681 | 183,114 | 177,520 |
| | 5.0% | 2.3% | -7.9% | | -7.0% | |

Notes 1 Some Full Coverage enrollees may have other forms of insurance.

3 VPA-Vermont Premium Assistance counts are subscribers not individuals.

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² Underinsured kids now counted in General Child category (as of FY 25)

Exhibit 2

Summary of Total Expenditures Medicaid and Medicaid Related

| | FY23 Actual | FY24 Budgeted - As Passed | FY 24 Budgeted - BAA | FY24 Actuals | FY25 Budgeted - As Passed | FY 25 Adjusted Budget* | FY25 Actuals (estimated) | FY26 Budgeted - As Passed |
|---|---------------|------------------------------|-------------------------|---------------|------------------------------|---------------------------|--------------------------|------------------------------|
| Administration (not in Waiver) | | | | | | | | |
| Non Capitated Administration 50/50 | 86,530,426 | 78,089,560 | 85,709,486 | 96,742,153 | 89,802,905 | 85,709,486 | 101,545,172 | 101,202,883 |
| Non Capitated Administration 75/25 MMIS M&O | 33,543,182 | 33,923,782 | 36,625,532 | 32,400,853 | 31,655,578 | 36,625,532 | 33,977,268 | 41,132,010 |
| Non Capitated Administration 75/25 SPMP | 9,426,210 | 9,855,350 | 11,121,385 | 10,649,782 | 11,146,660 | 11,121,385 | 11,371,853 | 12,010,289 |
| Sub-total Non Capitated Administration | 129,499,818 | 121,868,692 | 133,456,403 | 139,792,788 | 132,605,143 | 133,456,403 | 146,894,293 | 154,345,182 |
| Non Capitated Administration 75/25 E&E M&O | 28,214,963 | 53,751,020 | 43,959,201 | 34,268,502 | 57,200,710 | 43,959,201 | 31,730,049 | 57,698,175 |
| Non Capitated Administration total | 157,714,781 | 175,619,712 | 177,415,604 | 174,061,290 | 189,805,853 | 177,415,604 | 178,624,341 | 212,043,357 |
| Global Commitment Waiver | | | | | | | | |
| GC - Program | 1.542.860.852 | 1.601.426.984 | 1.612.199.451 | 1,602,656,908 | 1,603,735,223 | 1.673.063.254 | 1.676.985.563 | 1,717,237,243 |
| GC - VT Premium Assistance | 4,139,283 | 3,576,184 | 4,793,679 | 5,627,707 | 5,414,437 | 6,758,229 | 5.398.599 | 7,174,053 |
| GC - Choices for Care | 257,115,067 | 265,767,104 | 286,929,610 | 308,883,285 | 290,635,966 | 344,427,543 | 340,035,341 | 343,909,515 |
| GC - Investments | 115,396,199 | 106,311,159 | 106,942,708 | 120,011,918 | 116,139,456 | 124,890,409 | 127,874,094 | 121,835,350 |
| GC - Certified (non -cash program & cnom) | 20,590,111 | 25,050,921 | 25,050,921 | 23,704,052 | 24,301,185 | 28,307,335 | 26,718,892 | 27,868,051 |
| GC Waiver total | 1,940,101,511 | 2,002,132,352 | 2,035,916,369 | 2,060,883,870 | 2,040,226,267 | 2,177,446,770 | 2,177,012,489 | 2,218,024,211 |
| Other Medicaid and Related Programs | | | | | | | | |
| Money Follows the Person | 2,434,893 | 2,948,579 | 2,948,579 | 2,422,983 | 2,948,579 | 2,948,579 | 430,297 | 2,948,579 |
| Exchange Cost Sharing Subsidy (State Only) | 1,151,486 | 1,153,124 | 1,449,969 | 1,681,009 | 1,857,076 | 1,107,076 | 797,858 | 357,076 |
| Pharmacy - State Only | 3,538,163 | 2,678,653 | 3,596,285 | 3,816,693 | 3,798,639 | 4,766,591 | 10,620,856 | 3,718,861 |
| DSH | 46,365,645 | 22,704,471 | 22,704,471 | 22,704,470 | 22,704,471 | 22,704,471 | 22,704,471 | 22,704,471 |
| Clawback (state only funded) | 35,919,289 | 42,762,070 | 43,719,725 | 41,550,604 | 45,821,144 | 45,821,144 | 39,946,500 | 45,821,144 |
| SCHIP | 15,161,223 | 14,294,295 | 15,255,496 | 18,901,995 | 15,311,640 | 19,646,967 | 22,611,075 | 21,419,011 |
| Other Medicaid & Related total | 104,570,698 | 86,541,194 | 89,674,526 | 91,077,754 | 92,441,550 | 96,994,829 | 97,111,057 | 96,969,143 |
| Total All Expenditures | 2,202,386,991 | 2,264,293,258 | 2,303,006,499 | 2,326,022,914 | 2,322,473,670 | 2,451,857,203 | 2,452,747,887 | 2,527,036,711 |

^{*}SFY 2025 budgeted appropriation was adjusted in the 2026 Budget Big Bill

Exhibit 3

Choices for Care Year End Summary - SFY25

CFC is managed as one budget DeptID - 3460080000

| Appropriation Totals Final Appropriation Calculation | |
|--|--------------------------------|
| General Fund \$ 531,652.06 \$ 281,652.06 \$ 250,000.00 \$ - General Funds carryforward to SFY26 for Money Follows SFY25. | -ollows the Person expenses in |
| H&CB Money Follows the Person Federal Fund \$ 2,450,000.00 \$ 148,645.30 \$ 2,301,354.70 \$ - Federal Funds are available for use in SFY26 | |
| H&CB & Nursing Home Global Commitment Fund \$ 349,677,543.00 \$ 340,035,341.23 \$ 9,642,201.77 \$ 9,642,201.77 | |
| Choices for Care Subtotal all funds \$ 352,659,195.06 \$ 340,465,638.59 \$ 12,193,556.47 \$ 9,642,201.77 GC Carryforward from SFY25 into SFY26 available beginning | before obligations. |

- \$ 9,642,201.77 GC Carryforward to SFY26
- \$ (3,404,656.39) Less: 1% reserve calculated by taking 1% of SFY25 expenses
- \$ (9,625,625.03) Less: Obligation for 3 Nursing Homes (Rutland, Springfield and St. Johnsbury)
- \$ (3,388,079.65) Total GC available after obligating a 1% reserve and known obligations. If amount here is negative there are no funds available for reinvestment.
- \$ Total funds available for reinvestment.

Exhibit 4

Official Forecast Worksheet Healthcare Revenues

| (formerly in SHCRF now in GF) | | | | Jan-25 | Jul-25 | Jan-25 | Jul-25 |
|-------------------------------------|--------|--------|--------|----------|--------|----------|----------|
| | | | | | | | |
| Fund | GF | GF | GF | GF | GF | GF | GF |
| | FY22 | FY23 | FY24 | FY25 | FY25 | FY26 | FY26 |
| | Actual | Actual | Actual | Forecast | Actual | Forecast | Forecast |
| Cigarette and Tobacco taxes | 76.0 | 74.8 | 70.0 | 66.5 | 67.4 | 63.5 | 65.1 |
| Claims Assessment (GF portion only) | 17.6 | 18.0 | 21.8 | 22.9 | 23.0 | 24.0 | 24.2 |
| Employer Assessment | 21.9 | 24.9 | 26.9 | 30.7 | 31.8 | 33.0 | 35.0 |
| Hospital Provider Tax | 161.5 | 173.9 | 192.4 | 209.3 | 212.3 | 219.8 | 225.1 |
| Nursing Home Tax | 14.7 | 14.6 | 14.4 | 14.4 | 14.4 | 14.4 | 14.4 |
| Home Health Tax | 5.8 | 6.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Ambulance Tax | 1.0 | 1.1 | 1.3 | 1.1 | 1.4 | 1.2 | 1.4 |
| Pharmacy \$0.10/script | 0.9 | 8.0 | 0.9 | 0.8 | 0.9 | 0.9 | 0.9 |
| Nursing Home Transfer Tax | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| | | | | | | | |
| Total | 299.3 | 314.3 | 327.5 | 345.8 | 351.3 | 356.8 | 366.1 |

SHCRF = State Health Care Resources Fund

GF = General Fund