Vermont Health Care Finance:

High-Level Overview

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A quick note about the <u>DATA</u> in this presentation

We attempted to use the most up to date data available at the time of creating this presentation.

Most of the data are from <u>BEFORE THE COVID-19</u> <u>PUBLIC HEALTH EMERGENCY</u> and do not reflect spending, coverage changes, additional assistance, etc. that may have occurred due to COVID-19.

Context: Insurance Coverage

(2018 Data)

Private / Commercial Insurance

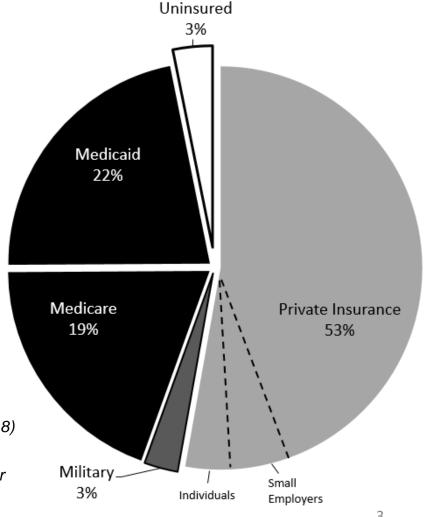
- **Employer-based**
- Individual Market

<u>Government</u>

- Medicare
- Medicaid
- Military

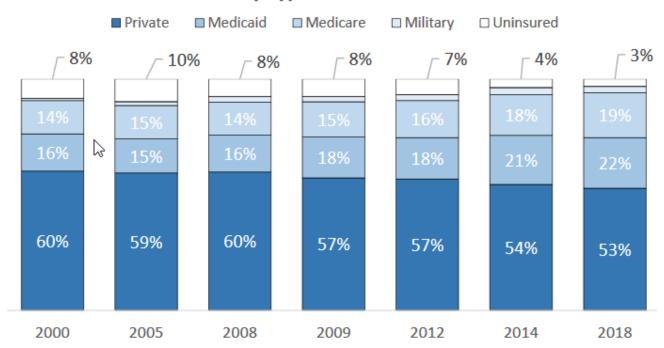
Notes:

- 1) Chart = Primary source of health coverage by source (VHHIS, 2018)
- 2) Public employees (such as State employees and teachers) are treated as "private" insurance, not "public" insurance, in this and other documents because they are administered by private insurance companies acting as third-party administrators.



Context: Insurance Coverage

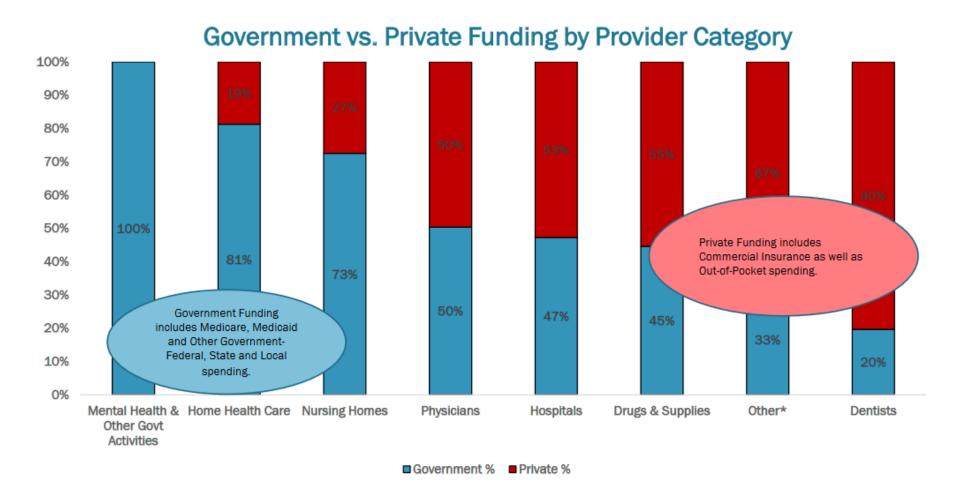




Between 2000 and 2018:

- The rate of uninsured and commercially insured has <u>decreased</u>
- The number of Vermonters with government insurance (Medicare and Medicaid) has <u>increased</u>

Context: Types of Spending on Services



^{*&}quot;Other" includes services rendered by other professionals, durable medical equipment suppliers, vision providers, and other miscellaneous providers.

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MEDICAID

A quick note about Medicaid vs. Medicare

CAUTION Medicaid & Medicare are not the same!

A quick note about Medicaid vs. Medicare

Medicaid

- State-federal program
- Low-income
 - Children and adults
 - 65 or older, blind, or disabled

Medicare

- Federal program
- All incomes
 - 65 or older
 - Any age with endstage renal disease
 - Under 65 with certain disabilities

What is Medicaid?

- Created in 1965 as Title XIX of Social Security Act
- Public health benefit program for low-income individuals and families and individuals with disabilities
- Financed through a federal-state partnership and administered by the states
- Each state designs and operates its own program within broad federal guidelines

"If you've seen one Medicaid Program, then you've seen one Medicaid program."

Vermont Medicaid

VT Medicaid is administered by the Department of Vermont Health Access (DVHA)



Green Mountain Care is the "umbrella" name of all the State-sponsored health programs under Vermont Medicaid.





Not to be confused with <u>Green Mountain Care</u> as laid out in Act 48 (aka "single payer") or with the <u>Green Mountain</u>
Care Board

Context: Medicaid Coverage

NATIONWIDE

- **75.5 million** individuals nationwide have coverage through Medicaid (as of June 2020, Medicaid.gov).
 - Approximately 23% of all Americans

VERMONT

- Approximately 182,000 (1/3) of Vermonters receive some form of assistance through Medicaid
 - Primary source of coverage:
 - O Between **133,000** (DHVA) and **137,000** (VHHIS, VDH) Vermonters (approx. 22%)
 - Partial or supplemental assistance for approximately 48,000 Vermonters (approx. 7%)
 - o e.g. premium assistance, Rx assistance, underinsured kids, etc.

Medicaid Coverage

Eligibility – who is covered

- In order to qualify, beneficiaries must be:
 - Vermont resident
 - U.S. citizen, permanent resident, or legal alien
 - Financial situation would be characterized as low income or very low income and be one of the following:
 - Pregnant
 - Responsible for a child 18 years old or younger
 - Blind
 - Have a disability or a family caretaker of someone with a disability
 - 65 years of age or older

Benefits (Services) – what is covered

 Under Medicaid, states are required to cover <u>mandatory</u> benefits and may choose to cover <u>optional</u> benefits.

Covered Medicaid Populations

(Who is covered)

Covered Populations

Aged, Blind, Disabled

Working Disabled at or below 250% FPL

Parents or Caretaker Relatives under 138% FPL

Pregnant Women at or below 213% FPL

Children under 19 at or below 317% FPL (includes additional benefits)

Adults under 138% FPL

Limited Benefit Groups

VPharm:

Covers Part D cost sharing and excluded classes of meds, diabetic supplies, and eye exams for Medicare Part D beneficiaries

Healthy Vermonters:

Discount on medications for anyone who has exhausted or has no prescription coverage

Vermont Premium Assistance (VPA) up to 300% FPL

Vermont Covered State Plan Services

(What is covered)

| Mandatory Services | Optional Services | | | | |
|--|--|---|--|--|--|
| Inpatient hospital services | Prescription drugs | Chiropractic services | | | |
| Outpatient hospital services | Clinic services | Other practitioner services | | | |
| Rural health clinic services | Physical therapy | Private duty nursing services | | | |
| Nursing facility services | Occupational therapy | Personal care | | | |
| Home health services | Eyeglasses | Hospice | | | |
| Physician services | Respiratory care services | Case management | | | |
| Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) services | Other diagnostic, screening, preventive, and rehabilitative services | Services for individuals age 65 or older in an institution for mental disease (IMD) | | | |

Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) services Other diagnostic, screening, preventive, and rehabilitative services Services for individuals age 65 or older in an institution for mental disease (IMD) Federally qualified health center services Podiatry services Services in an intermediate care facility for individuals with an intellectual disability

Federally qualified health center services

Podiatry services

Podiatry services

Individuals with an intellectual disability

Laboratory and X-ray services

Podiatry services

Health homes for enrollees with chronic conditions

Family planning services

Dental services

Speech, hearing, and language disorder services

Nurse midwife services

Tobacco cessation counseling

Inpatient psychiatric services for individuals under age 21

Certified pediatric and family nurse practitioner services

Prosthetics

Self-directed personal assistance services

Freestanding birth center services (when licensed or otherwise recognized by the state)

NOTE: Under Medicaid, states are required to cover MANDATORY benefits and may choose to cover OPTIONAL benefits.

Transportation to medical care

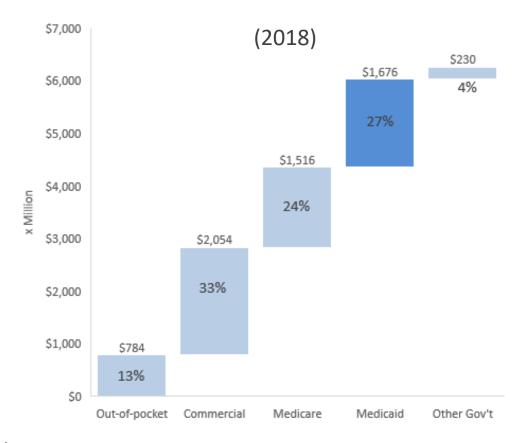
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HEALTH CARE FINANCE

Context: Overall Health Spending

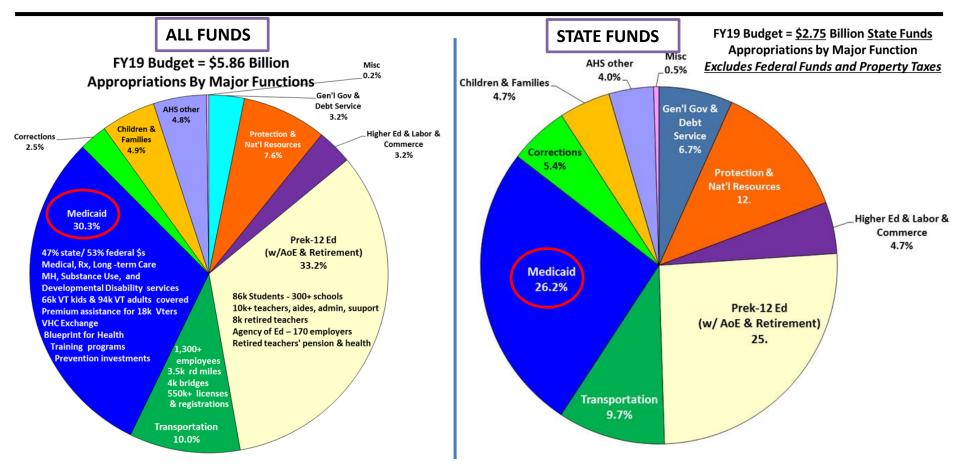
IN 2018, VERMONTERS SPENT \$6.26 BILLION ON HEALTH CARE

- Projected to have increased to \$6.65 billion in 2020
- Medicaid accounted for 27% of Vermonters' health spending
 - This has State budget implications



Source: Green Mountain Care Board Expenditure Analysis

Context: State Budget (2019 illustration)



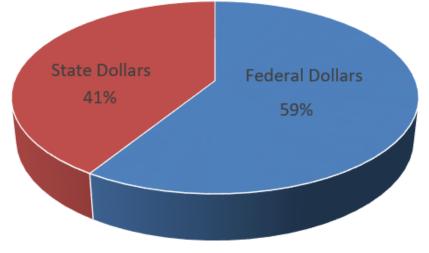
Medicaid accounts for:

- 30.3% of the total budget (all funds)
- 26.2% of state funds appropriation

Medicaid Financing

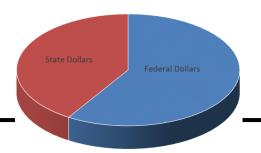
- FY 2020 Medicaid expenditures = \$1.83 billion (gross)
 - This does not include the infusion of federal dollars to the State due to the COVID-19 public health emergency.

 The pre-COVID 19 split between State and federal dollars for the State's Medicaid program has traditionally been roughly 40% State / 60% federal dollars



 Most (not all) of the federal funds are matching dollars from what is known as <u>FMAP</u> (Federal Medical Assistance Percentage)

Federal Medical Assistance Percentage (FMAP)



- FMAP is the share of state Medicaid benefit costs paid by the federal government
- Most of the federal funds for the State's Medicaid program are from FMAP
- FMAP is calculated based on a 3-year average of state per capita personal income compared to national average
- No state can receive less than 50% or more than 83%.

| COMPARISON OF FMAPs - Selected States (FFY 2021) | | | | | |
|--|--------------------------|------------------------|---------------|--|--|
| New England States | Highest FMAP | Lowest FMAP (50% FMAP) | | | |
| CT, NH, MA = 50% | Mississippi (77.76%) ↑ | Alaska | New Hampshire | | |
| RI = 54.09% ↑ | West Virginia (74.99%) ↑ | California | New Jersey | | |
| Vermont = 54.57% ↑ | New Mexico (73.46%) ↑ | Colorado | New York | | |
| Maine = 63.69% ↓ | Alabama (72.58%) 个 | Connecticut | Virginia | | |
| | | Maryland | Washington | | |
| ↑= Increased from previous year | | Massachusetts | Wyoming | | |
| ↓ = Decreased from previ | Minnesota | | | | |

- States receive "enhanced FMAPs" for expansion populations under the ACA and for the Children's Health Insurance Program (CHIP)
- States are also receiving additional 6.2% in FMAP as part of federal Families
 First Coronavirus Response Act (2020)

Federal Medical Assistance Percentage (FMAP)

FY 2021 RATES

Federal Medical Assistance Percentage (FMAP)

- 54.39% Federal / 45.61% State
- Applied to the <u>majority</u> Medicaid expenditures

Children's Health Insurance Program (CHIP)

- o 70.95% Federal / 29.05% State
- Applied to Medicaid expenditures for approx. 4,300 low-income children

Childless New Adults

- 90% Federal / 10% State
- Applied to the Medicaid expenditures for approx. 35,000 childless adults

STATE SHARE

\$1.00



=

GROSS

\$2.20





\$1.00



=

\$3.44



\$1.00



=

\$10.00



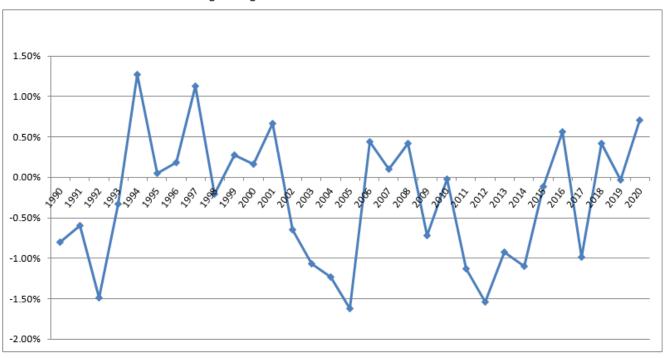
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FMAP (based on Federal Fiscal Year)

| FMAP (based on Federal Fiscal Year) | | | | | | |
|-------------------------------------|---------|--------|------------|--|--|--|
| ., | Federal | State | Diff | | | |
| Year | Share | Share | Difference | | | |
| 1990 | 62.77% | 37.23% | | | | |
| 1991 | 61.97% | 38.03% | -0.80% | | | |
| 1992 | 61.37% | 38.63% | -0.60% | | | |
| 1993 | 59.88% | 40.12% | -1.49% | | | |
| 1994 | 59.55% | 40.45% | -0.33% | | | |
| 1995 | 60.82% | 39.18% | 1.27% | | | |
| 1996 | 60.87% | 39.13% | 0.05% | | | |
| 1997 | 61.05% | 38.95% | 0.18% | | | |
| 1998 | 62.18% | 37.82% | 1.13% | | | |
| 1999 | 61.97% | 38.03% | -0.21% | | | |
| 2000 | 62.24% | 37.76% | 0.27% | | | |
| 2001 | 62.40% | 37.60% | 0.16% | | | |
| 2002 | 63.06% | 36.94% | 0.66% | | | |
| 2003 | 62.41% | 37.59% | -0.65% | | | |
| 2004 | 61.34% | 38.66% | -1.07% | | | |
| 2005 | 60.11% | 39.89% | -1.23% | | | |
| 2006 | 58.49% | 41.51% | -1.62% | | | |
| 2007 | 58.93% | 41.07% | 0.44% | | | |
| 2008 | 59.03% | 40.97% | 0.10% | | | |
| 2009 | 59.45% | 40.55% | 0.42% | | | |
| 2010 | 58.73% | 41.27% | -0.72% | | | |
| 2011 | 58.71% | 41.29% | -0.02% | | | |
| 2012 | 57.58% | 42.42% | -1.13% | | | |
| 2013 | 56.04% | 43.96% | -1.54% | | | |
| 2014 | 55.11% | 44.89% | -0.93% | | | |
| 2015 | 54.01% | 45.99% | -1.10% | | | |
| 2016 | 53.90% | 46.10% | -0.11% | | | |
| 2017 | 54.46% | 45.54% | 0.56% | | | |
| 2018 | 53.47% | 46.53% | -0.99% | | | |
| 2019 | 53.89% | 46.11% | 0.42% | | | |
| 2020 | 53.86% | 46.14% | -0.03% | | | |
| 2021 | 54.57% | 45.43% | 0.71% | | | |
| 2022 | 56.47% | 43.53% | 1.90% | | | |

FMAP History: Ups & Downs

FMAP Percentage Change Federal Fiscal Years 1991-2021

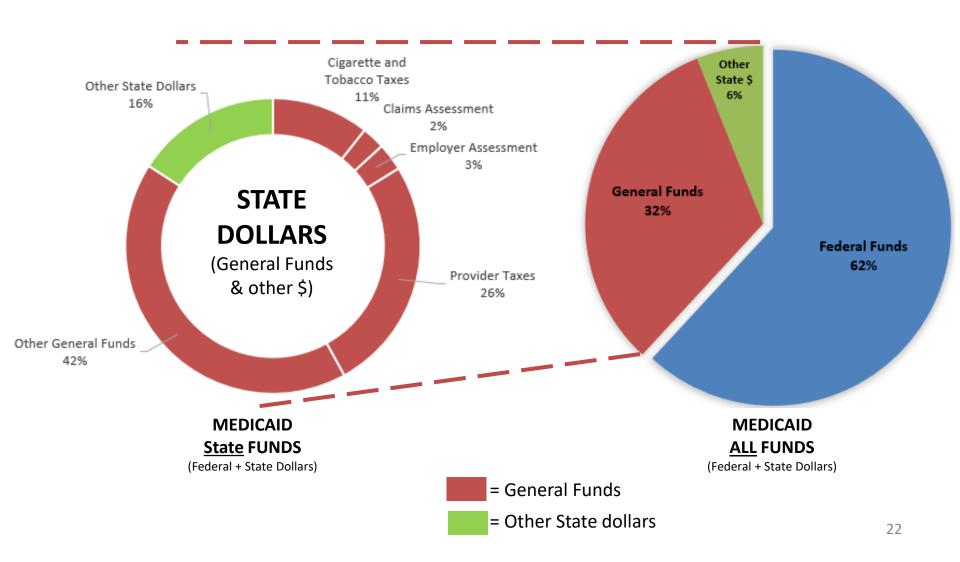


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| Vermont = 54.57% ↑ | New Mexico (73.46%) ↑ | Colorado | New York | | |
| Maine = 63.69% ↓ | Maine = 63.69% ↓ Alabama (72.58%) ↑ | | Virginia | | |
| | | Maryland | Washington | | |
| ↑= Increased from previo | Massachusetts | Wyoming | | | |
| ↓ = Decreased from previ | Minnesota | | | | |

Preliminary

Medicaid Financing

SFY'20 = \$1.8 billion



Highlight on <u>Specific</u> General Fund Taxes

- Provider Taxes, Cigarette & Tobacco Taxes, Claims Taxes, and the Employer Assessment used to be deposited into a dedicated fund for Medicaid
 - known as the State Health Care Resources Fund
- In 2019, these revenues were reallocated to the General Fund
- These four taxes are equivalent to half of the General Fund contribution towards the State's Medicaid program

| FY 2020 | | (x million) | |
|-----------------------------|----------|-----------------|-----|
| Provider Taxes | \$172.37 | | |
| Cigarette and Tobacco Taxes | \$71.37 | | |
| Employer Assessment | \$20.23 | \$280.84 | 42% |
| Claims Assessment | \$16.87 | | |
| Other General Funds | | \$281.94 | 42% |
| Other State Dollars | | \$106.29 | 16% |
| Total State Funds (FY20) | | \$669.08 | |

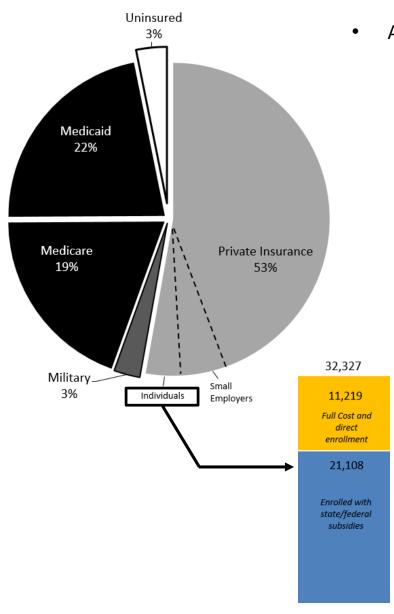
Vermont's **Global Commitment to Health** and Medicaid Section 1115 Demonstrations

- Much of Vermont's Medicaid program is administered through the State's Global Commitment to Health Medicaid Section 1115 demonstration (often referred to as a Medicaid Waiver)
 - Global Commitment began October 2005
 - Latest renewal January 1, 2017 to December 31, 2021
- Section 1115 of the federal Social Security Act allows the federal government to waive many, but not all, of the laws governing Medicaid, including those relating to eligible individuals and services
 - Section 1115 demonstrations are agreements between the Centers for Medicare and Medicaid Services (CMS) and individual states
 - Section 1115 authority is intended to encourage state innovation in designing and improving their Medicaid programs
 - States can have more than one Section 1115 demonstration agreement with CMS

Vermont's **Global Commitment to Health** and Medicaid Section 1115 Demonstrations

- The terms and conditions layout how the program will be administered including who and what are covered.
- States identify ways to save Medicaid funds and are permitted to use those savings for identified priorities/goals.
 - Some goals are written into the demonstration's terms and conditions.
 Others are achieved through "investments."
 - In FY2020, Vermont had 69 investments worth approx. \$124M. Without a waiver, these would require all State funds or be eliminated.
 - A list of investments can be found at this link: https://legislature.vermont.gov/assets/Legislative-Reports/Annual-Report-on-the-Global-Commitment-Investments-10.1.20-Final.pdf
- 1115 waivers must be budget neutral to the federal government

A quick note regarding Subsidies



- Approx. 5% of Vermonters have individual plans
 - Approx. 65% (21,108) of those with individual plans receive state and federal subsidies
 - Those with subsidies can only purchase through Vermont Health Connect
 - <u>Federal</u> advanced premium tax credits (APTC) available for those up to <u>400% FPL</u>
 - Additional State tax credits available up to 300%FPL
 - Utilizes federal matching dollars
 - State & Federal cost-sharing assistance also available up to 300% FPL
 - State cost sharing reductions <u>do not</u> receive federal match.
 - Funded with state general funds.

SFY '20

- ❖ VT Premium Assistance = \$5.86 million
- ❖ VT Cost Sharing Reduction = \$1.17 million

2020

Note: 2021 VHC subsidies are based on 2020 FPL chart

2020 Federal Poverty Levels (FPLs)

Monthly

| Household Size | 100% | 138% | 150% | 200% | 250% | 300% | 400% |
|-------------------|---------|---------|---------|---------|---------|---------|----------|
| 1 | \$1,063 | \$1,467 | \$1,595 | \$2,127 | \$2,658 | \$3,190 | \$4,253 |
| 2 | \$1,437 | \$1,983 | \$2,155 | \$2,873 | \$3,592 | \$4,310 | \$5,747 |
| 3 | \$1,810 | \$2,498 | \$2,715 | \$3,620 | \$4,525 | \$5,430 | \$7,240 |
| 4 | \$2,183 | \$3,013 | \$3,275 | \$4,367 | \$5,458 | \$6,550 | \$8,733 |
| 5 | \$2,557 | \$3,528 | \$3,835 | \$5,113 | \$6,392 | \$7,670 | \$10,227 |
| 6 | \$2,930 | \$4,043 | \$4,395 | \$5,860 | \$7,325 | \$8,790 | \$11,720 |

Annually

| Household Size | 100% | 138% | 150% | 200% | 250% | 300% | 400% |
|-------------------|----------|----------|----------|----------|----------|-----------|-----------|
| 1 | \$12,760 | \$17,609 | \$19,140 | \$25,520 | \$31,900 | \$38,280 | \$51,040 |
| 2 | \$17,240 | \$23,791 | \$25,860 | \$34,480 | \$43,100 | \$51,720 | \$68,960 |
| 3 | \$21,720 | \$29,974 | \$32,580 | \$43,440 | \$54,300 | \$65,160 | \$86,880 |
| 4 | \$26,200 | \$36,156 | \$39,300 | \$52,400 | \$65,500 | \$78,600 | \$104,800 |
| 5 | \$30,680 | \$42,338 | \$46,020 | \$61,360 | \$76,700 | \$92,040 | \$122,720 |
| 6 | \$35,160 | \$48,521 | \$52,740 | \$70,320 | \$87,900 | \$105,480 | \$140,640 |

https://aspe.hhs.gov/poverty-quidelines