



Department of Vermont
Health Access



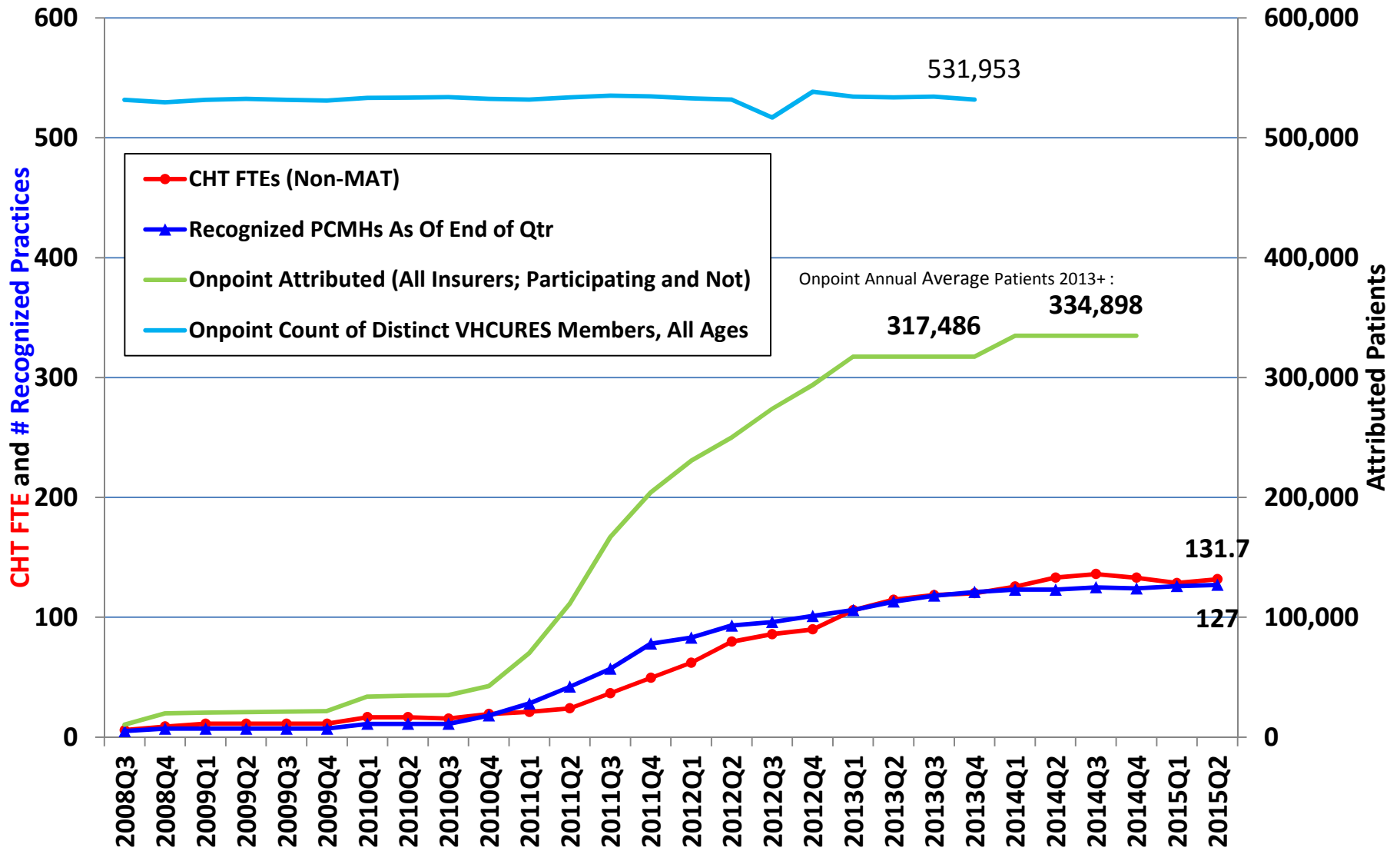
Smart choices. Powerful tools.

Vermont Blueprint for Health Expanding Access to Treatment for Opioid Addiction

Health Reform Oversight Committee

November 14, 2016

Blueprint Implementation: 2008-2016



Hub & Spoke Policy Goals

- Improve access to care for opioid addiction
- Improve Integration of health and addictions care
- Better use of specialty addictions programs and general medical settings
- Improve health outcomes and promote stable recovery

Providers' Views Of Barriers to Expand Treatment

Primary Care Barriers: time, insufficient access to higher levels of care, scope of practice & patient complexity, fear of being flooded with demand.

Opioid Treatment Programs: isolation, only offer methadone, difficulty recruiting & retaining workforce, too few programs, undervalued in health system

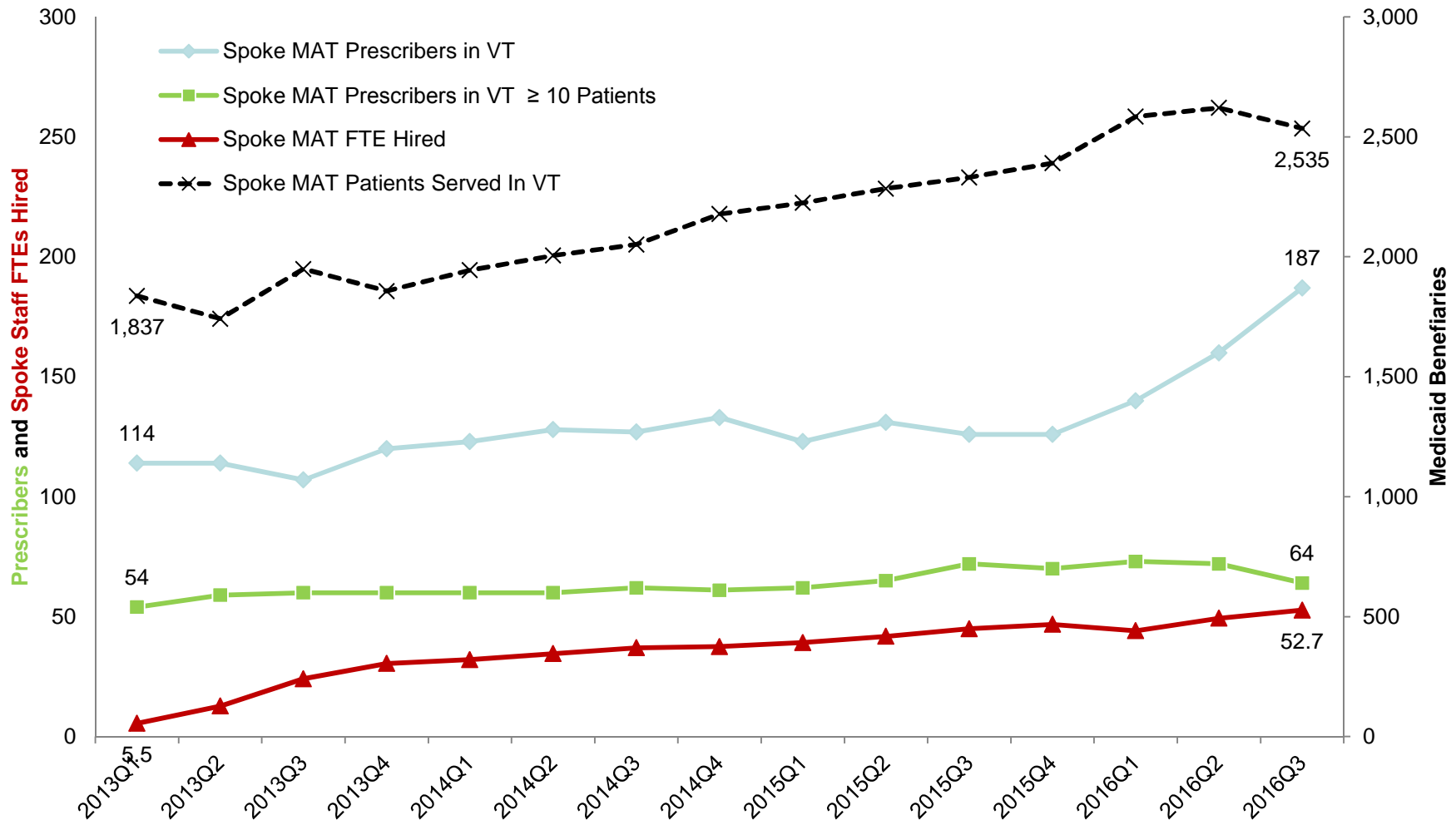
Attitudes & Cultural Norms About Addiction: pts. disruptive in practice, not our job, community doesn't "own" the problem, skepticism about MAT by medical & recovery communities, 42-CFR

Partial Integration : Addictions care 2nd cousin

Systematically Address Concerns

- ✓ Staffing Model for OBOT settings (1 FTE RN + 1 FTE Licensed Addictions / Mental Health Counselor for 100 patients)
- ✓ Enhanced OTP program: care coordination, nursing, & psychiatry
- ✓ OTP Programs Dispense Buprenorphine (buy & bill)
- ✓ Unified framework across treatment settings
- ✓ Consultation & referrals between OTP programs and OBOT practices
- ✓ Medicaid agency endorsed caseload expansion
- ✓ Medicaid State Plan Amendment “Health Home” chronic condition of opioid addiction (initially revenue neutral expansion of services)

MAT - SPOKE IMPLEMENTATION January 2013 - September 2016



Addictions Medicine: Just Part of the Job



Katie Marvin, MD, is a family medicine physician at Stowe Family Practice, CHSLV.

- You are trusted and local
- The MAT Team helps you
- Other mentors will help you
- You can control who you see
- Treating addiction reduces stigma
- Patients with opioid addiction are already in your waiting room
- Embrace risk reduction
- Addiction is a common condition, build MAT into routine care

“I believe most doctors would find this practice surprisingly enjoyable. To watch a patient transition from lying, stealing, and using to working and parenting over a matter of months is uplifting.”